## VAHEGURU JI KA KHALSA VAHEGURU JI KI FATEH



#### **Hukamnama Sahib**

A message for us all to reflect upon, given this morning from the Siri Guru Granth Sahib Ji (Sikh Holy Scriptures) from the holiest of Sikh sites Siri Harmandir Sahib (Golden Temple) in Amritsar, Panjab, India.



SEVAK SERV KARAHAE SABH THAEREE

"O LORD. ALL THINE SERVANTS, WHO RELISH THE NAME. PERFORM THY SERVICE. HE, WHO EFFACES HIS SELF-CONCEIT FROM WITHIN HIMSELF, BECOMES PURE BY GURU'S GRACE."

SRI GURU GRANTH SAHIB JI - ANG 599

ਸਲੋਕੁ ਮঃ ੩॥ Shalok, Third Mehl:

ਪੂਰਬਿ ਲਿਖਿਆ ਕਮਾਵਣਾ ਜਿ ਕਰਤੈ ਆਪਿ ਲਿਖਿਆਸੁ ॥

He acts according to pre-ordained destiny, written by the Creator Himself.

ਮੋਹ ਠਗਉਲੀ ਪਾਈਅਨੂ ਵਿਸਰਿਆ ਗੁਣਤਾਸੂ ॥

Emotional attachment has drugged him, and he has forgotten the Lord, the treasure of virtue.

ਮਤੁ ਜਾਣਹੁ ਜਗੂ ਜੀਵਦਾ ਦੂਜੈ ਭਾਇ ਮੁਇਆਸੂ ॥

Don't think that he is alive in the world - he is dead, through the love of duality.

ਜਿਨੀ ਗੁਰਮੁਖਿ ਨਾਮੂ ਨ ਚੇਤਿਓ ਸੇ ਬਹਣਿ ਨ ਮਿਲਨੀ ਪਾਸਿ ॥

Those who do not meditate on the Lord, as Gurmukh, are not permitted to sit near the Lord.

ਦੁਖੁ ਲਾਗਾ ਬਹੁ ਅਤਿ ਘਣਾ ਪੁਤੁ ਕਲਤੁ ਨ ਸਾਥਿ ਕੋਈ ਜਾਸਿ ॥

They suffer the most horrible pain and suffering, and neither their sons nor their wives go along with them.

ਲੋਕਾ ਵਿਚਿ ਮੁਹੁ ਕਾਲਾ ਹੋਆ ਅੰਦਰਿ ਉਭੇ ਸਾਸ ॥

Their faces are blackened among men, and they sigh in deep regret.

ਮਨਮੁਖਾ ਨੋ ਕੋ ਨ ਵਿਸਹੀ ਚੁਕਿ ਗਇਆ ਵੇਸਾਸੁ ॥

No one places any reliance in the self-willed manmukhs; trust in them is lost.

ਨਾਨਕ ਗੁਰਮੁਖਾ ਨੋ ਸੁਖੁ ਅਗਲਾ ਜਿਨਾ ਅੰਤਰਿ ਨਾਮ ਨਿਵਾਸੁ ॥੧॥

O Nanak, the Gurmukhs live in absolute peace; the Naam, the Name of the Lord, abides within them. ||1||



## VAHEGURU JI KA KHALSA VAHEGURU JI KI FATEH



ਮਃ ੩ ॥

Third Mehl:

ਸੇ ਸੈਣ ਸੇ ਸਜਣਾ ਜਿ ਗੁਰਮੁਖਿ ਮਿਲਹਿ ਸੁਭਾਇ ॥

They alone are relatives, and they alone are friends, who, as Gurmukh, join together in love.

ਸਤਿਗੁਰ ਕਾ ਭਾਣਾ ਅਨਦਿਨੂ ਕਰਹਿ ਸੇ ਸਚਿ ਰਹੇ ਸਮਾਇ ॥

Night and day, they act according to the True Guru's Will; they remain absorbed in the True Name.

ਦੂਜੈ ਭਾਇ ਲਗੇ ਸਜਣ ਨ ਆਖੀਅਹਿ ਜਿ ਅਭਿਮਾਨੁ ਕਰਹਿ ਵੇਕਾਰ ॥

Those who are attached to the love of duality are not called friends; they practice egotism and corruption.

ਮਨਮੁਖ ਆਪ ਸੁਆਰਥੀ ਕਾਰਜੂ ਨ ਸਕਹਿ ਸਵਾਰਿ ॥

The self-willed manmukhs are selfish; they cannot resolve anyone's affairs.

ਨਾਨਕ ਪੂਰਬਿ ਲਿਖਿਆ ਕਮਾਵਣਾ ਕੋਇ ਨ ਮੇਟਣਹਾਰੁ ॥੨॥

O Nanak, they act according to their pre-ordained destiny; no one can erase it. ||2||

ਪਉੜੀ ॥

Pauree:

ਤੁਧੁ ਆਪੇ ਜਗਤੁ ਉਪਾਇ ਕੈ ਆਪਿ ਖੇਲੁ ਰਚਾਇਆ ॥

You Yourself created the world, and You Yourself arranged the play of it.

ਤ੍ਰੈ ਗੁਣ ਆਪਿ ਸਿਰਜਿਆ ਮਾਇਆ ਮੋਹੁ ਵਧਾਇਆ ॥

You Yourself created the three qualities, and fostered emotional attachment to Maya.

ਵਿਚਿ ਹਉਮੈ ਲੇਖਾ ਮੰਗੀਐ ਫਿਰਿ ਆਵੈ ਜਾਇਆ ॥

He is called to account for his deeds done in egotism; he continues coming and going in reincarnation.

ਜਿਨਾ ਹਰਿ ਆਪਿ ਕ੍ਰਿਪਾ ਕਰੇ ਸੇ ਗਰਿ ਸਮਝਾਇਆ ॥

The Guru instructs those whom the Lord Himself blesses with Grace.

ਬਲਿਹਾਰੀ ਗਰ ਆਪਣੇ ਸਦਾ ਸਦਾ ਘਮਾਇਆ ॥३॥

I am a sacrifice to my Guru; forever and ever, I am a sacrifice to Him. ||3||



**NEWSLETTER NO: 5** 

20TH OCTOBER 2023



Principal's Message Mrs. S. Sanghera

We have had a fantastic response to the challenge set two weeks ago to name our school buildings. The top 12 most popular suggestions will now be shared with each tutor group in secondary and every class in primary. Our staff and students will then vote on their favourites and the results of this poll will go to student faith leaders.

The highest polling suggestions as shared by you were as follows:

- Khanda
- Nirbhao
- Nirvair
- Jaap
- Miri
- Piri
- Simran
- Dharam
- Joth
- Har
- Desh
- Sevak

The final choice of the names for the new buildings will be announced in the newsletter on Friday 10th November. I know you will join me in eagerly awaiting the final results.

I would like to congratulate our Sevaks of the half term nominated by their teachers for displaying the virtue of kindness. It is wonderful to know that the choice was a tricky one to make, as there were so many of our students for them to choose from.

Finally, I would like to wish you all a wonderful two week half term holiday and look forward to seeing all our students back at school and ready to learn on Monday 6th November at 08:30am.



### **PARENT NOTICES**

The Virtue of this half-term is Kindness

Friday 20th October
Last Day of Term

Monday 6th November
First Day of Term

Wednesday 15th November Year 8 Parent's Evening

Friday 17th November
Bandi Chhor workshops in school

Monday 20th November
Primary Flu Vaccinations

Monday 20th November -Friday 1st December Year 11 Mock Exams

Wednesday 6th December
Secondary Flu Vaccinations





Sevaks of the half term - Kindness			
	Giaan	RS Mrs Dosanjh	He is a kind friend and is good at solving problems.
	Joban	1S Mrs Burbank	For showing kindness to both students and teachers.
	Tanaya	2S	For being kind to her friends and class members.
	Davjot	2A Mrs M Kaur	For showing kindness to her peers and being an awesome table monitor all half term
	Ishaani	3S Mrs Verdi & Mrs Thethy	She is friendly, generous and considerate to everyone at Seva School.
	Prabhleen	4S Mrs Armstrong	For showing kindness towards everyone – adults, friends and children in other year groups.
	Udhayveer	4A Mrs Ghedia	For always being kind and helpful to his peers and teachers.





Sevaks of the half term - Kindness				
	Seerat	5S Mrs Hall & Mrs Featherstone	She shows kindness towards others through her calm manner and understanding.	
	Akshnoor	5A Mrs P Kaur	For showing the virtue of kindness in his actions and words. He is a great role model for our class.	
	Estella	6S Mrs Singh	For always being kind and polite to everyone.	
	Keerut	6A Mrs Satsangi	For demonstrating the virtue of kindness at all times and being a role model to other children.	
	Prabhvir	7S Miss Z Hussain	For showing kindness to both teachers and students.	
	Ravleen	7E Mrs N Gill	For being kind and helpful to both teachers and students	
	Muhammad	7V Miss Angulo	For showing kindness to both teachers and students.	





Sevaks of the half term - Kindness				
	Gursimran	7A Mrs Tomlinson	For demonstrating kindness by always being thoughtful, helpful and caring.	
	Namneet	8S Mrs Broughton	For her consistent kindness to others in and outside of lesson	
	Simran	8E Mrs Bangar	For always being kind and caring to her friends and others.	
	Himmat	8V Mrs Mann	For always thinking of others and showing generosity, kindness and concern towards his peers.	
	Arrmaan	9S Mrs Daler	He tries his very best in class and is patient with others.	
	Andreea	9E Mrs Grewal	For being kind and helpful by giving and collecting resources during form time and ACEs lesson.	
	Sukhmani	9V Mr Malhi	For showing kindness to friends, staff and students.	





Sevaks of the half term - Kindness			
	Falak	9A Mrs Ndongala & Mrs Thandi	For showing kindness to a new student and for saying kind words to those around her.
	Sanmeet	10S Mr Patria	For helping her peers after school with increasing their knowledge and understanding on their GCSE subjects
	Alexia	10E Mrs M Hussain	For showing kindness to both staff and students.
	Kataar	10V Mrs Dhadwal	For showing kindness by offering to help a new pupil to settle in and showing them to their lessons.
	Nuurdip	11S Mrs Dhillon	For showing compassion and kindness to staff and students.
	Khushmeet	11E Ms Gabriel	She is always thoughtful, considerate and mindful of the feelings of others.
	Matas	11V Mr Eastwood & Mrs M Gill	As he is always so kind in the way that he speaks and acts with the people around him



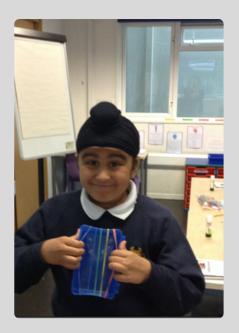
## **PRIMARY NEWS**





Jaskiran and Jai in 4A enjoyed completing their homework task, which was to investigate sound. They were asked to produce an instrument using elastic bands and a shoe box. What a fantastic effort!





Year 4S Jai made his own musical instrument and Greek bread. Harneesh designed and made a throne for the Greek gods.

What fantastic creations!







## **PRIMARY NEWS**



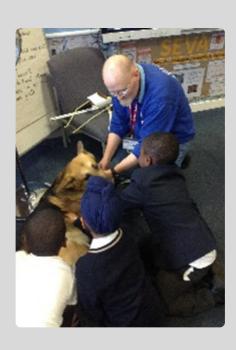


Year 2 enjoyed participating in a Guide Dog workshop with Steve and Brody from Guide Dogs. We have learned what the job of a Guide Dog is and how they help people with sight loss in the local community. We even had the opportunity to stroke Brody. Take a look at the great learning and fun we had. Visit: <a href="https://www.guidedogs.org.uk/">https://www.guidedogs.org.uk/</a> to find out more about how you can support Guide Dogs.











## **PRIMARY NEWS**





Year 2 have planned, designed, and evaluated their fruit salad. We safely used a knife to cut the fruit and then placed the fruit on our plates carefully. We enjoyed designing smiley faces and different designs with the fruit. Ama said, "I love eating fruit – it is healthy for you." Balraj said, "It's easier to cut the banana than the apple and pear." Darsev said, "I made a smiley face design with the fruit." The best part of the lesson was we enjoyed eating our delicious fruit salads. They were scrumptious and delicious.







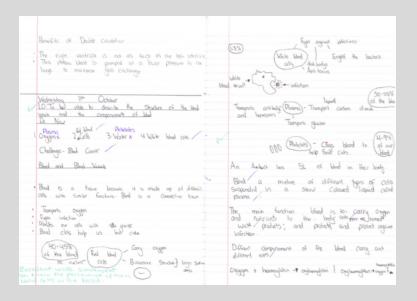






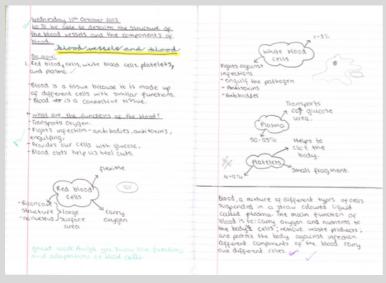
# **SECONDARY NEWS**





Year 8 students learned about the different components of the blood and their functions. They then made a replica of the components of blood.





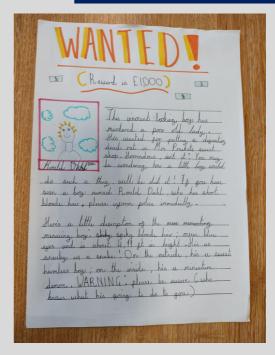




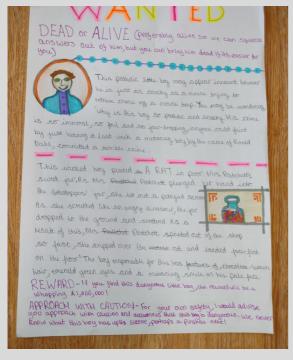
## **SECONDARY NEWS**







Year 7 have been working on their 'Autobiographical' unit with Mrs Gill this half term. Having read some extracts from Roald Dahl's 'Boy' and using vocabulary to impact the reader, they produced these 'Wanted' posters. Some fantastic word choices and techniques used, well done year 7.



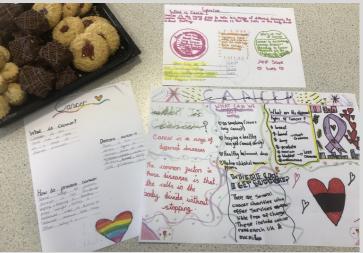




# **SECONDARY NEWS**







7A tutor group donated ingredients and took part in baking some yummy bakes to help raise money for cancer. We sold these bakes on Thursday 12th October and raised a total of £300.00. They also made some posters with information about cancer. Thank you to everyone who helped make this event a huge success.

The money raised has been split equally between Macmillan, Cancer Research & Liver Cancer UK.

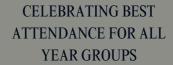


8E raised £74.75 for RSPCA by selling samosas and spring rolls. Well done to all those who contributed to this amazing charity that supports animals.



## ATTENDANCE MATTERS





2ND - 6TH OCTOBER

YEAR	%
RS	88.60
1	96.60
2	95.70
3	98.60
4	97.20
5	93.10
6	94.50
7	86.20
8	98.00
9	91.10
10	94.30
11	88.40
Weeks Average for Whole	92.60

School



Attendance Teddy's Message Congratulations to year 3 for the highest attendance this week.

### **Medical Appointments**

If your child has a medical appointment, please make sure you inform the school as soon as you get the appointment / 24 hrs in advance. You must also provide the school with a letter / appointment slip of the appointment.

#### **Holidays**

Holidays must not be booked during term time. Term-time holidays will not be authorised and you will be subject to a fine. Holidays must only be booked to coincide with school holidays. The dates of these can be found on the school website under the publications tab.

#### **Absence**

If your child is absent from school due to illness, you must inform the school by 08:30am. You must call and leave a message on the absence line (option 1) or email <a href="mailto:s.alcock@seva.coventry.sch.uk">s.alcock@seva.coventry.sch.uk</a> clearly stating the pupil's name, year/class and a detailed reason for the absence. Reason of 'not well' is not acceptable. Thank you.

