

**Lunch Menu: (Gluten free options are also available)**
**WEEK 1**

| OPTION    | English  | Indian                              | Dessert                               | Secondary cold option  | SALAD |
|-----------|--|-------------------------------------|---------------------------------------|--|-------|
| Monday    | Tomato & Basil Pasta with Garlic Bread             | Gajar Sabji with Roti / Plan Yogurt | Strawberry Mousse                     | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Tuesday   | Cheese & Onion Pasty, Diced Potatoes, Gravy & Peas | Brown Daal (Lentils) with Roti      | Fresh Fruit with Jelly                | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Wednesday | Veggie Burger with Wedges                          | Chick Pea Curry With Naan           | Rice Krispies                         | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Thursday  | Pizza & Chips Corn on the Cob                      |                                     | Cake & Custard                        | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Friday    | Chilli Cheesy Wraps with Salad                     | Yellow Daal with Rice               | Chocolate Chip Cookies with Ice Cream | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |

**WEEK 2**

| OPTION    | English   | Indian                                | Dessert            | Secondary cold option  | SALAD |
|-----------|---|---------------------------------------|--------------------|--|-------|
| Monday    | Spaghetti Bolognese with Garlic Bread & Broccoli  | Shahi Paneer with Naan                | Frozen Yogurt      | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Tuesday   | Hot Dog with Curly Fries                          | Yellow Daal with Roti                 | Lemon Cheese Cake  | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Wednesday | Jacket Potatoes Beans & Cheese / Chilli Can-Carni | Palak Paneer with Roti & Plain Yogurt | Strawberry Yoghurt | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Thursday  | Pizza with Chips & Corn on the Cob                |                                       | Chocolate Brownie  | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |
| Friday    | Macaroni Cheese with Mixed Vegetables             | Mutter Paneer with Rice               | Flap Jack          | Cheese & cucumber sandwich<br>Cheese & tomato sandwich<br>Cheese & Pickle sandwich | SALAD |

**SALAD:** Cucumber, Sweetcorn, Sweet Peppers, Beetroot / Carrots diced, Spinach, Cherry Tomatoes, Greek Salad, Mexican, Coleslaw, Cold Pasta, Potato Salad, Couscous

**Food Types and Allergies:** We provide vegetarian options without egg, fish or nuts as part of our lunch menu. The same is expected of food sent from home in lunch boxes. We keep all children safe by asking that all parents do not send in any food including nuts. This academic year, in line with Covid-19 restrictions, we have asked that children do not bring in treats to share on special occasions including their birthdays.



*Service, excellence, virtues and aspiration...*

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